

CENTRAL OREGON
REGIONAL MAP

SNO-PARKS

Please ensure your vehicle displays a valid sno-park permit when parking in designated winter recreation sno-park areas. Permits can be obtained at the Bend Visitor Center and most outdoor shops in town.

*SNOWSHOEING IS ALLOWED AT ALL SNO-PARKS

	DUTCHMAN FLAT CROSS COUNTRY + BACKCOUNTRY SKIING, SNOWMOBILING
	EDISON BUTTE <small>PET FRIENDLY</small> CROSS COUNTRY SKIING, SNOWMOBILING, DOG SLEDDING
	KAPKA BUTTE <small>PET FRIENDLY</small> SNOWMOBILING
	LOWER THREE CREEK <small>PET FRIENDLY</small> CROSS COUNTRY SKIING, SNOWMOBILING
	MEISSNER CROSS COUNTRY SKIING
	SIX MILE <small>PET FRIENDLY</small> CROSS COUNTRY SKIING, SNOWMOBILING
	SKYLINERS <small>PET FRIENDLY</small> CROSS COUNTRY SKIING, SNOWMOBILING
	SWAMPY LAKES CROSS COUNTRY SKIING
	TEN MILE <small>PET FRIENDLY</small> CROSS COUNTRY + BACKCOUNTRY SKIING, SNOWMOBILING
	UPPER THREE CREEK <small>PET FRIENDLY</small> CROSS COUNTRY + BACKCOUNTRY SKIING, SNOWMOBILING
	WANOGA <small>PET FRIENDLY</small> SNOWMOBILING, DOG SLEDDING, SLEDDING, FAT BIKING



LEAVE NO TRACE 

WINTER
RECREATION
IN CENTRAL
OREGON

 LEAVE
NO TRACE
Proud Partner

WINTER RECREATION

Whether you're tackling that once-in-a-lifetime backcountry ski trip or building snowmen with your kids, Bend's outdoor spaces make the perfect winter backdrop.

No matter how you embrace our winter wonderland, it's vital to follow Leave No Trace principles to protect our winter landscape from human impact. Whether you're backcountry skiing, snowboarding, snowshoeing, sledding, or Nordic skiing, here are some tips to help you recreate safely and responsibly around Bend this winter.

SHOW YOUR LOVE OF RESPONSIBLE RECREATION!

Stop by the Bend Visitor Center to score a sweet Leave No Trace sticker sheet.



KNOW BEFORE YOU GO

- Select a destination that matches your group's abilities and expectations around difficulty and popularity.
- Set a designated turnaround time and stick to it!
- All backcountry users should check avalanche forecasts prior to heading out, and always travel with the proper safety equipment, education, and a buddy.
- Sno-parks and trails are busy in the winter months. Know where to find additional parking and have a backup plan if lots are full. Carpool whenever possible.

PACK IT OUT

- Be prepared to pack out trash and litter.
- Pack out and properly dispose of food waste. Human food is unhealthy for wildlife and will not decompose in winter conditions.
- Pick up and properly dispose of any lost gear or litter you find during your outing.
- Pet and human waste buried in the snow will not decompose and will reappear when the weather warms up. Go before you go and use a plastic bag to remove and properly dispose of pet waste.



RESPECT OTHER USERS

- Respect other users no matter their activity, experience level, or speed.
- Be courteous by yielding to downhill skiers and snowboarders. Leave space on the trail for others to pass and be sure to communicate.
- Keep everyone safe by staying in control and reducing your speed when passing others.

LEARN MORE ABOUT
LEAVE NO TRACE
IN CENTRAL OREGON

VISITBEND.COM/LNT

