



CHILL

With hiking, ice skating, snowshoeing, snowmobiling, skiing, and snowboarding all knocking on Bend's front door, there's loads more to do this winter than just hitting the slopes. Here's how to pack prepared for whatever snow season throws your way.

NEED TO PICK UP SOMETHING YOU MISSED? You'll find outdoor shops scattered throughout Bend, and they'd be more than happy to help get you outfitted for a day in the wild!



BUNDLE UP! WINTER PACK LIST

TEAR ME OUT &
TAKE ME WITH YOU!

→ LAYER UP!

Winter recreation is all about flexibility—especially when it comes to your clothing. You'll warm up while hiking uphill, but you'll need a little extra protection from the elements while you take in the views. Have warm base layers and breathable, waterproof outer layers.

→ EAT UP, DRINK UP

It's easy to forget to hydrate in the cold, but food and water are essentials—even in the dead of winter. Pack your water in an insulated bottle to keep it from freezing, bring snacks that can take the cold, and consider carrying a thermos of hot tea or cocoa to enjoy in the warming hut.

→ ACCESSORIZE

Carry strike-anywhere matches to enjoy a fire in one of the winter shelters that are stocked with firewood. We also recommend a headlamp, extra batteries, a basic first aid kit, and a packable emergency blanket, just in case your adventure goes awry.

→ SNO-PARK PASS

If you're planning to park at any of the Sno-Parks in Central Oregon (and we've got lots of them), you'll need a Sno-Park Pass. Pick yours up at the Bend Visitor Center or at most of the ski shops in town.

→ GEAR UP

Make sure you have all of the necessary gear for whatever activity you're about to undertake, and make sure to confirm it's still in good working condition before heading out. Preparedness is the name of the game.

RECREATE RESPONSIBLY

PLAN AHEAD

Bring a headlamp, extra weather protection (including layers for your core and extremities!), and make sure somebody knows where you're going and when you expect to be back. Better yet, recreate with a friend.

DISPOSE OF WASTE

Like a bear, sooner or later you'll poop in the woods. Don't bury or burn your TP. Carry a trash bag and pack it out! The same goes for fruit peels, wrappers, and others' trash.

BE CONSIDERATE

It should go without saying, but be kind. Public lands are for everyone, but don't snowshoe on ski tracks, don't hike on groomed nordic track, and use only the right trails for your adventure.

CHECK THE WEATHER

Check the weather, and check it again. Make sure trails are groomed, snow is stable, and that you won't encounter freeze and thaw conditions that might negatively impact the trails.

LEAVE WHAT YOU FIND

Every wild thing you see contributes to a healthy, natural ecosystem. Don't collect rocks, flowers, leaves, or anything else you find in the wilderness. Mama nature needs them.

STAY DOG SMART

It's up to you to know where you can take your four-legged friend. If your dog is a non-negotiable, plan ahead and find a place for you and your dog to spend the day in the woods.

CENTRAL OREGON REGIONAL MAP

SNO-PARKS

Oregon's Sno-Park Program helps provide parking at many of your favorite winter recreation areas. You must have a valid Sno-Park permit displayed near the lower left corner of the windshield of your vehicle if you park in a designated winter recreation parking area.

*SNOWSHOEING IS ALLOWED AT ALL SNO-PARKS

	DUTCHMAN FLAT CROSS COUNTRY SKIING, SNOWMOBILING
	EDISON BUTTE PET FRIENDLY CROSS COUNTRY SKIING, SNOWMOBILING, DOG SLEDDING
	KAPKA BUTTE PET FRIENDLY SNOWMOBILING
	LOWER THREE CREEK PET FRIENDLY CROSS COUNTRY SKIING, SNOWMOBILING
	MEISSNER CROSS COUNTRY SKIING
	SIX MILE PET FRIENDLY CROSS COUNTRY SKIING, SNOWMOBILING
	SKYLINERS PET FRIENDLY CROSS COUNTRY SKIING, SNOWMOBILING
	SWAMPY LAKES CROSS COUNTRY SKIING
	TEN MILE PET FRIENDLY CROSS COUNTRY SKIING, SNOWMOBILING
	UPPER THREE CREEK PET FRIENDLY CROSS COUNTRY SKIING, SNOWMOBILING
	WANOGA PET FRIENDLY SNOWMOBILING, DOG SLEDDING, SLEDDING, FAT BIKING

